

**TAMIL NADU PUBLIC SERVICE COMMISSION**  
**UNANI (P.G. STANDARD)**

**Code No.177**

**Unit – I – UMOORE TABIYA**

Arkan ka umoomi wa tafseeli bayan  
Mizaj ki tareef, aqsaam ka tafseeli bayan tibbi nazriye se  
Akhlat ki tareef , taqseem, jamaat bandi mukhtalif nazriyat aur unki pecheedgiyan wa tardeen  
Aaza ki tareef and unke af'al tibbe jadeed nazriye se  
Afwal ki tareef , aqsaam – roohe nafsani , haiwani wa tabayee aur uske maraakiz wa masaalik  
Quwa – Quwwat ki tareef aur aqsaam – Quwae nafsaniya, haiwaniya, tabayia wa tanasulia- unke muttasil aaza and mutalliq deegar aaza.  
Af'aal – Fael ki tareef wa touzeeh – af'aale mufarrada wa murakkaba aur unki misalain.

**Unit – II- MUNAFEUL AZA**

Definition of applied physiology  
Hemopoietic system of blood  
Coagulation of blood and its applied aspects  
Functions of RBC, WBC & Thrombocytes  
Plasma Proteins, hemoglobin and its correlation with Unani concepts of Akhlat

**Cardiovascular system**

Various types of circulation of Blood  
Coronary circulation  
Cerebral circulation  
Renal circulation  
Hepatic circulation  
and their applied aspects  
Normal Blood pressure and its applied aspects  
Special Junctional tissues of the Heart.  
Heart Blocks  
ECG and its applied aspects  
Echocardiography and its applied aspects.

**Respiratory of system:**

Mechanism of respiration  
Exchange of gases  
Artificial respiration and their applied aspects

**Lymphatic system:**

Lymph nodes – Lymphatic drainage and their functions – corretlation of lymph and Unani Akhlat  
Thoracic ducts and its applied aspects

**Digestive System:**

Various enzymes of digestion  
Definition of digestion – Unani concept of digestion  
Digestion of various foods – Protein, Carbohydrates and lipids.

Pancreatic enzymes and digestion  
Salivary enzymes and their role in digestion

**Excretory system:**

Kidney – urine formation and its applied physiology  
Skin and its functions

**Nervous system:**

Nerves and types, cranial nerves – cerebrum, cerebellum and medulla oblongata – spinal cord  
– their functions and applied aspects

**Autonomous nervous system:** its functions and applied physiology

**Endocrine Glands:**

Hypophysis – Thyroid gland – Supra renal gland – Endocrine pancreas – testis and ovaries –  
their functions and applied physiology

**Reproductive system:**

Semen and its applied physiology

Menstruation – hormones – estrogen and progesterone – their role

**Vitamins:** Applied physiology of fat soluble vitamins and water soluble vitamins.

**Lipids:**

Biochemical importance and classification

**Digestion** – absorption and metabolism of lipids

Importance and classification of lipoproteins.

Cholesterol metabolism and hypercholesterolemia

Hyper triglyceridemia

Ketosis and inborn errors of lipid metabolism

**Proteins:** Biochemical importance and its classification

Digestion, absorption and metabolism of proteins.

**Hayati Kimiya (Biochemistry):**

Introduction to biochemistry – historical review development of biochemistry

Basic concepts of cell structure and functions

Chemical composition of human body and major bio molecules.

Carbohydrates – biochemical importance and classification. Digestion, absorption and  
metabolism of Carbohydrates.

Applied biochemistry – Diabetes mellitus – Glycosuria – inborn errors of metabolism,  
Lipids

Water and minerals: Distribution of body fluid –

Immunochemistry – components of immune system – “T” and “B” lymphocytes

AIDS – Rheumatoid arthritis.

**Unit – III – ILMUL ADIVA**

Dawa – ghiza wa zulkhassa – advia ka mizaj – Darjate advia

Istehalaat ke kami wa beshi ke asbaab

Tabayee khususiyate advia – Advia ki ajzae tarkeebia

Ash’kale Advia – Advia ke Maze – Advia ki umrain – Advia ka tahaffuz

Istelahaate Advia

Description , mizaj , Af’al and dosage of various Unani Herbal , Mineral and Zoological origin  
single drugs.

## **MURAKKABAT:**

All Itrifalat, Majoonat, Iqrasat, Huboobat, Safoofat, Lawooqat, Sharbatein, Kharmirajat, Mufarrahat, Jawarishat, Labbobat, Kushtajat, Dawaul Misk Motadil Sada wa Jawaherwali, Roghaniat, Zimadat, Atlia, Shiyafat, Farzajat, etc.

## **SAIDLA:**

All Istilahate Dawa Sazi  
Preparation of Majoon , Sharbat . Kushta , Lawooq, Khameera, Jawarish , Gulkhand and Murabbejat, Hubbobat , Roghaniyat  
Purification of certain poisonous drugs:  
Habbus salateen, simab, kuchla , sammul far, afyion  
Gandhak, shangraf, raskapoor , beesh, bhilawan

## **Unit – IV -- TAHAFFUZI WA SAMAJI TIB**

Concept of Health- Biomedical concept – ecological concept – psychological concept and holistic concept  
WHO – its significance  
Principles of nutrition and applied nutrition  
Nutrients, daily requirements and balanced diet.  
Classification of foods.  
Protein energy – malnutrition  
Vitamin deficiencies.  
Air borne diseases - Water borne diseases -Food borne diseases. – Food adulteration – Asbaabe Sitte Zarooriya – uske Ilaqi nazriyat -Jadeed izafat wa Taqaddum bil hifz  
Tahaffuzi wa samaji tib mein Jadeed izafat  
Six essentials of life and its applied aspects and latests addition in preventive and social medicine.  
Amraze mutaddi wa vabayee wa tahaffuzi iq'damat.  
Qarantina  
Dafae taffun tadabeer  
Tadiya ke zarayee – bilwasta wa bila wasta  
Hashraate vabayia  
Vaba wa tadia se bachao kea aam usool.  
Immunization various methods  
Health education-Community Health – Family Welfare  
Sexual transmitted Diseases  
AIDS  
Geriatrics  
Public Health and Family Welfare.  
General Health – Health awareness programmes  
Pediatic care – Mother and Child Health Care  
Unani and Modern concepts of contraception.  
Application of Dalak(Massage), Riyazat (Exercise), Hammam(Turkish bath), Jismani safai (Hygenic and Health habits in general).  
Oral hygiene, Eyes, Skin Care .  
Sex hygiene and sex education.

## **Unit- V - MOALIJJAT (Medicine)**

### **Amraze Nizame Hazm (Diseases of Digestive System)**

#### **Diseases of Mouth**

- Qula (Stomatitis).
- Iltihaabe lisaan (Glossitis).
- Diseases of Salivary glands: - Warne aslul uzn (Parotitis)

#### **Diseases of Oesophagus:**

- Warne Mari (Oesophagitis).
- Usrul Bal'a
- Hiatus hernia.

#### **Diseases of Stomach and Duodenum:**

- Zofe medah.
- Sue mizaje medah.
- Warne medah.
- Qarhe medah wa asna ashri (Peptic ulcer).
- Sartaane medah (Carcinoma of Stomach).
- Nuqse ishteha (anorexia).
- Afrate wa qillate hamoozate medi.
- Qai, tahauoo, Ghisiyyan.
- Tukhma.
- Sue hazm, Boolimoos.
- Diseases of Intestines:-
- Zarb wa khilfa (Malabsorption Syndrome).
- Is'haal (Diarrhoea).
- Zalaqul ama.
- Qoolanje ama (Intestinal colic).
- Barazuddam (Melena).
- Warne qouloon (Inflammatory bowel).
- Warne qouloon qarhi.(Ulcerative colitis)
- Diqqe ama (Intestinal Tuberculosis).
- Iltihaabe miq'ad (Proctitis).
- Warne sifaq (Peritonitis).
- Diseases of Liver and Gall bladder:-
- Zofe kabiid.
- Sue mizaje kabiid.
- Warne kabiid (Hepatitis).
- Dubelatul kabiid (Liver abscess).
- Yerqaan (Jaundice)
- Talaiufe kabiid (Cirrhosis of liver).
- Istis'qua (Ascites).
- Izm ul kabiid (Hepatomegaly).

- Hisatul marara (Cholyolithiasis)
- Warme marara (Cholecystitis).
- Diseases of Spleen and Pancreas:-
- Izmuttehaal (Spleenomagaly).
- Warme banqaraas (Pancreatitis).
- Faqaruddam (Anaemia)

### **Amraze Nizame Baul wa Tanasul (Diseases of Urinary and Reproductive System)**

#### **Diseases of Urinary System:**

- Sue mizaje kuliya.
- Zofe kuliya.
- Warme kuliya.(Glumerulonephritis)
- Mutafarrique Amraze kuliya.
- Saqoot ul kuliya Haad wa Muzmin (, Acute and Chronic Renal Failure).
- Warme Hauzul kuliya (Pyelo-nephritis).
- Hisatul kuliya (Renal calculi).
- Hydronephrosis.
- Incontinence of urine.
- Bauluddam (Haematuria).
- Renal lesions in diabetes.

#### **Diseases of Reproductive System:**

- Zofe baah.
- Surate inzal.
- Kasrate Ehtalaam Aur mutalique amraz.  
Ilthihabe Quazifain (Salpingitis)
- Oophoritis
- Per vaginal Bleeding Disorders (Menorrhagia, Metrorrhagia)

### **Amraze Mutadiya (INFECTIOUS DISEASES)**

Humme Mewi (Enteric Fever)  
 Kala Azar (Kala Azar)  
 Humme Ajamia (Malaria)  
 Tawoon (Plague)  
 Dique (Tuberculosis)  
 Warme Aslul Uzn (Mumps)  
 Khasra (Measles)  
 Judri (Small Pox)  
 Humaiqa (Chicken Pox)  
 Nazla, Zukam (Influenza)  
 Hummae Danj (Dengue)  
 Juzaam (Leprosy)  
 Shahiqua (Whooping Cough)  
 Khunnaque (Diphtheria)  
 Haiza (Cholera)  
 Zaheer (Dysentery)  
 Humme Dimaghi wa Nukhaee (Cerebro-Spinal Fever)  
 Kuzaz (Tetanus)

Warme Kabid (Viral Hepatitis)  
Bird Flu

### **Hummiyat (Fevers):**

- Tareefe Humma
- Ufoonat
- Aam Usoole Ilaj
- Amraaze-Jild (Skin Diseases)
- Juzam (Leprosy)
- Namla (Herpes)
- Bars (Leukoderma)
- Shara (Urticaria)
- Saalil (Warts)
- Budushanam (Erysipelas)
- Jarb wa Hikka (Scabies)
- Nar Farsi (Eczema)
- Quba/Dad (Ring Worms)
- Sa'fa (Alopecia)
- Basoore labnia (Acne vulgaris)
- Iltahabe Jild (Dermatitis)
- Sozak (Gonorrhoea)
- Atishak (Syphilis)
- Behaq aur uske qisme (Fungal Infections of the Skin)

### **Amraze Mafasil (Rheumatology)**

- Niqris (Gout)
- Warme Mafasil (Arthritis)
- Tahajjur Mufasil (Osteo-arthritis)
- Irqunnasa (Sciatica)
- Wajaul Zahar (Backache)
- Wajaul Khasira (Low back ache)

### **Amraze Ghudude Laqanati (Endocrine System):**

Ghudude Laqanati aur unki raseelat ka tasavvur muqaddamin attiba ke nazar mein (umoomi jayaeza) amraz ghudade Laqanati Unani maqaz mein aur un amraz ke muqabala tibbe jadeed ke saath.

1. Amraze Ghudae Nukhamiya (Diseases of Pituitary Gland)
  - Asbaab ke aitabaar se ghudae nukhamiya ke amraz ki darjabandi.
  - Amraze ifrathun nukhamiya (Hyper Pituitarism)
  - Qillate raseelat ghudda nukhamiya (Hypo Pituitarism) inse honewale
  - Amraz, asbaab, alamat, tashkees ilaj aur pecheedgiyan.
2. Amraze Ghudae Nukhaiya muaqar (Posterior Pituitary diseases)
  - Asbaab ke aitabaar se amraz ki darjabandi farte raseelat nukhamiya aur qillat raseelat nukhamiya muaqar aur is se honewale amraz ke asbaab ilaj tashkees wa pecheedigiyan.
3. Amraze Ghudae Darqiya (Diseases of Thyroid gland)
  - Asbaab ke aitabarse amraze ghudade darqiya ki darjabandi
  - Fartraseelate darqiya (Hyper Thyroidism)
  - Qillate raseelate darqiya (Hypo Thyroidism)

4. Amraze Ghuddae Jaaruddarqiya (Diseases of Parathyroid gland)
  - Asbaab ke aitabaarse amraze ghudade jaaruddarqiya ki darjabandi
  - Farte jaaruddarqiya ibtadayee wa sanayi (Primary and secondary hyperparathyroidism)
  - Qillate raseelat jaaruddarqiya (Hypo parathyroidism)
5. Amraze Banqaras : (Diseases of Pancreas)
  - Asbaab ke aitabaarse amraz ki darjabandi
  - Ziabatis shakari (Diabetes Mellitus) ke asbaab mein ma qasmein, aur unka jadeed tibb se muqabala mutaliya ilaj mein jadeed tehqeeqat.
  - Ziabatis Saada (Diabetes Insipidus).
  - Kaserul ghududi amraz: (Poly glandular diseases) ek ajmali tarruf.
6. Amraze Ghuddae Fauqul Kullia: (Diseases of supra renal gland).
  - Asbaab ke aitabaarse ghuda faoqul kulliya ke amraz ki darjabandi
  - Amraz kifayat faoqul kulliya haad aur muzmin (Acute and chronic Adrenal Insufficiency)
    - Alamaaye cushing (Cushing syndrome)
    - Sartane qasharul kulliya vo gurda (Adreno cortico carcinoma )
    - Marze Addison (Addison's Disease)
7. Amraze Khusiyatur Reham : (Diseases of Ovaries).
  - Asbaab ke aitabaar se amrazekhusiya ki darjabandi
8. AmrazeKhusiya : (Diseases of Testis).
  - Raseelat ka mukhtasar jayeza amraz ki fehrist.
  - Khusiya aur amraze baah ka bahami talluq.
  - Jins se muttalique amraz.
  - Zofe baah se mutalique amraz.

### **Amraze NizameTanaffus (Diseases of Respiratory System)**

**Ilthihabe tajaveeful anaf**(Sinusitis),**Ilthihabe anaf** (Rhinitis)

Zaturriah (Pneumonia),

Zatul janb (Pleurisy),

c. Dubailaturriya (Lung Abscess),

d. Tadarrune reva (Pulmonary Tuberculosis),

- Chronic Obstructed pulmonary diseases
- Warme Shoab Muzmin (Chronic Bronchitis),
- Ittesae shobaturria (Bronchiaectasis),
- Zeequn Nafas Shoabi (Bronchial Asthma),
- Nafkhaturriya (Emphysema)
- Occupational lung diseases.
- Pulmonary tumors.
- Adult Respiratory Distress Syndrome.
- Drug induced Lung Diseases.

### **Diseases of Cardiovascular System**

- Sue Mizaje Qalb
- Sue Mizaje sadr
- Marze Qalb Hudaari- (Rheumatic Heart disease), Amraze simamate Qalb (Valvular heart diseases), Iflasul Qalb (Ischaemic Heart Disease) Causes, Zigtuddam qavi (Hypertension), I.H.D., Infarction, causes, treatment and use of Thrombolytic therapy (Streptokinase, Urokinase, Low molecular weight heparin),

Suqoote Qalb (Heart Failure), Cardiac Arrhythmia, Cardiogenic Shock, Infective Endocarditis. Iltehab ghilaful Qalb (Pericarditis)

### **Unit – VI – Tashreeh ul Badan:**

Osteology – Short bones – long bones and their applied anatomical importance.  
Myology: Origin , insertion and nerve supply and action of the muscles of the upper and lower limbs.  
Neurology: Detail study of Cranial nerves , Spinal nerves, cerebellum and Medulla Oblongata  
Cardiovascular system: Anatomy of the Heart and pericardium and their applied anatomical aspects.  
Respiratory system:  
Lungs , pleura and trachea – and their applied aspects  
Digestive system:  
Stomach, liver, pancreas and intestines and their applied aspects.  
Urogenital system:  
Kidney , Prostate, Testis, Uterus and ovaries and their applied aspects  
Glandular system:  
Pituitary gland, thyroid, adrenal , Endocrine pancreas and mammary gland.  
Special Senses: Eyes, Nose, Ear, Skin and Tongue , applied aspects.

### **UNIT – VII – ILMUL QABALAT WA NISWAN**

Tashreeh wa af'ale aazae niswania aur uske itlaqi nukat.  
Puberty and Menopause  
Mukhtalif raseelat ke awamil haiz per  
Ovulation , fertilization, general and applied aspects  
Placenta its development and anomalies  
Amniotic fluid – and applied aspects  
Umbilical Cord – normal and its abnormalities  
Pregnancy – differential diagnosis – abnormalities and applied aspects.  
Contraception – tibbi wa jaded usool  
Artificial methods of fertilization  
Ante natal care  
Mechanism of labour and its complications  
Ante partum haemorrhage and its management with Unani therapy  
Post partum haemorrhage and its management with Unani therapy  
Pregnancy and its complications  
Abortion – types – causes and their management  
Early development of foetus and its circulation  
Nifas and diseases of Nifas  
Applied genetics – functions of genetic material  
Amraze nau maulood aur uske ilaj ke usool  
Tabayee aur ghair tabayee nashoo numa ke nukat.  
Diagnosis and treatment of Pediatric diseases in the light of Unani and Allopathy concept.  
Hydrocephalus, meningitis, epilepsy , convulsions, tetanus, poliomyelitis  
And cerebral palsy, neonatal jaundice.



Treatment and management of diseases of Vagina, Vulva, Cervix , Uterus , ovaries and fallopian tubes and their appandages.

Diseases of Mammary glands and its Unani treatment.

### **Unit - VIII – RESEARCH METHODOLOGY AND BIO-STATISTICS.**

Introduction – Objectives of Research in Unani

Categories of Research approaches

Criteria of good Research – Research planning

Sampling and preservation of external validity

Review of literature – Research problem

Formulation of Hypthesis – research design – qualitative research –

Methods of data collection – processing of data and analysis

Interpretation of data – selection and use of appropriate statistical tests.

Meta analysis – Bias and confounders – Report writing –presentation of data.

Averages , mean , median and mode

Measures of dispersion ; range, mean deviation , standard deviation

Normal distribution and normal curve

Test of significance – T test , Z test – correlation – analysis of variance

Ethical guidelines for clinical and experimental research – research ethics.

Confidentiality , acknowledgement and sacrifice

### **Unit – IX – ILMUL AMRAAZ:**

Ah'wale Badan – Sehat , Marz, Halate Salisa.

Sue Mizaj – Mufarrad wa Murakkab

Amraaze Tarkeeb – Warm ke Aqşam wa Alamat

Waja ke aqşam – Ilthiab aur uske aqşam wa indimal

Fasaade Shehmi – Qillatuddam – takhassure dam, Sala'ate hameeda wa khabeesa.

Amraaze ufoonia wa zahravia

Amraaze Qulb wa riya

Amraaze Meda, Jigar wa marara

Amraaze Istihala (Metabolic disorders)

Amraaze Kulia

Ilmul Asbaab ( etiology)

Ilmul Alaamaat ( Syntomatology).

### **Unit – X – ILMUL JARAHAT.**

Wound and its classification and management.

Abcess and its types ;

Nosocomial infection, antiseptics, antibiotics, antibioma, lipoma, disinfectants and Jaraseem,

Immunity and its types, pyaemia, toxemia, septicemia, carbuncle, sinus, fistula, erysipelas, gangrene, anthrax, monoliasis, etc.

Tetanus and its surgical significance.

Gonorrhoea, syphilis, and their surgical importance and treatment.

Hansen's disease, its prevention, signs , symptoms and treatment

Haemorrhage its prevention and treatment.

Shock and its types and management.

Acute abdomen and its surgical emergencies

Esophagitis, Gastric ulcer , Duodenal ulcer and Gastro-intestinal bleeding and management.  
Splenectomy, Appendectomy, Partial gastrectomy, Herniotomy, hernioraphy, hernioplasty.  
Brain tumour, Brain abscess, Tuberculoma brain, Meningitis.  
Craniotomy, cranioraphy, cranioplasty, VP shunt, Hydrocephalus.  
Seizures disorders, Cerebral infarction, Cerebro-vascular accident.  
Trauma , Head injury, foreign body in respiratory and digestive passages  
Breast abscess, tumour and its management.  
Liver abscess , tumour and its management.  
Intestinal obstruction, and its management.  
Renal diseases, nephritic syndrome, glomerular nephritis, renal hypertension, renal calculus, haematuria, urinary tract infection , urethral stricture, Ureteric colic.  
Hydrocele and its management.  
Hernia , types and treatment.  
Peritonitis, and its treatment  
Varicose veins, varicocele, cystocele and their surgical treatment,  
Pre-operative preparations, post operative care  
Anaesthesia and its types  
Methods of sterilization.  
Cyst and its types and surgical management.  
Tumours and its types.

**Amraze Uzn Anaf wa Halag:**

Acute Suppurative Otitis Media.  
Chronic Suppurative Otitis Media.  
Otorrhoea, otalgia, foreign body in the ear.  
Mastoiditis, Tinnitus, Vertigo, Deafness

**Amraze Anaf (Diseases of the Nose):**

Nasal polyp, Sinusitis, Rhinitis, epistaxis, deviated nasal septum  
Septoplasty, foreign body in the nose, Anosmia  
Glossitis, Tonsillitis, Adenitis, Diphtheria, Laryngitis, Pharyngitis, Hoarseness of voice,  
Dysphagia.  
Carcinoma of tongue,

**Amraze Ain ( Ophthalmology):** Conjunctivitis, Blepharitis, Entropion, Ectopion, Stye,  
Chalazion, Pterygium.  
Pannus, Cataract and its various types, Glaucoma, Retinopathy, foreign body in the eye,  
Xerophthalmia, Dacrocystitis.

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